

A Review of Miniaturized Advanced IC Rectenna for Energy **Harvesting Applications**

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ABSTRACT

This article presents a review of different types of miniaturized rectenna integrated circuits IC used for energy harvesting applications such as medical applications. The rectenna design consists of two basic components: an embedded antenna that collects radio-frequency RF energy from the surrounding environment, and the rectifier circuit that converts AC-RF energy values into DC voltage for usage in low-power electronics devices such as implantable medical devices (IMDs). Microwave Schottky diodes HSMS-285x and SMS-763x series are used as a voltage doubler rectifier with an implanted antenna to improve conversion efficiency and the output voltage at a given input power and appropriate load. There are many challenges in the implantable rectenna IC design such as biocompatibility, miniaturization, patient safety, compact size, resonant frequency, bandwidth, radiation efficiency, and insensitivity to detuning. This review article summarizes the overall rectenna research carried out for new different design strategies in implant medical applications that operated at industrial scientific, and medical (ISM) bands such as 2.45GHz and 5.8GHz.

Keywords:

Rectenna Integrated Circuits, Microwave Schottky diodes, Energy harvesting, and implantable Antennas

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1. INTRODUCTION

In recent years, the growing global demand for clean renewable energy is a vital issue with major economic and social implications for our planet's future [1]. Therefore, the energy harvesting has become very important by collecting energy from surrounding environments. Energy harvesting sources may be captured from the ambient environment or external [2]. Ambient Energy is the process by which energy is derived from external sources [3], such as solar energy [4], wind energy [5], thermal energy [6], vibrationsourced piezoelectric [7], and electromagnetic ambient signals which involve radio-frequency RF energy [8], near electromagnetic field [9], and far-field electromagnetic signals [10]. The constant source of energy harvesting is the sun which captures rays by using solar cells. The cells represent the green energy that protects the environment from pollution. But the limitations of solar cells are little efficiency. Therefore, there are other solar inverter alternatives, such as radio frequency (RF) energy harvesting [11].

The main focus of this review paper is on using rectenna circuits for energy harvesting applications which are used to capture environmental RF signals and convert them to DC voltage to drive low-power electronic devices. The basic structure of the rectenna consists of an implant antenna, rectifier circuit, harmonic regression filter ,and load resistance as shown in Fig. 1. These systems combine various research fields that have a bright future for generating power to run low-power biomedical electronic devices such as IMDs [12], wireless sensor networks WSNs [13], wireless energy harvesting [14], and wireless power transmission WPT [15].

The IMD devices have recently attracted the attention of scientists due to people are increasingly using these devices such as pacemakers [16], pill cameras [17], artificial arms, and measure human blood pressure and sugar in real time [18] as a result of recent advancements in the health-care system and especially after COVID 19 occurrence. Wireless charging is required for IMD devices that are implanted in the human body. This means that the IMD should be powered without touching it to avoid electromagnetic radiation coupling with human tissue. Because human tissue is very sensitive and absorbs the majority of the power going through it, it is one of the major issues in the field of biomedical electromagnetic engineering.

The first theoretical knowledge about WPT dates back to 1864 by Maxwell [19]. Subsequently, Nikola Tesla, at the end of the 19th century, carried out numerous experiments on the transmission of electricity without wires [20]. However, these experiments were unsuccessful because they used a frequency of 150 kHz. There are two techniques of WPT used in IMDs : electromagnetic (EM) and non-EM energy. The distance between the transmitter and IMD devices of the WPT systems can be divided into three: First of them, the non-radiative less than 100mm such as capacitive [21], inductive [22], and magnetic resonance coupling [23]. While the radiative midfield WPT is characterized by the distance of 100 to 500mm [24]. The far-field system of WPT such as optical coupling with more than 500mm distance transmission [25]. The non-EM energy technique is acoustic- based WPT [26]. In this review paper by using tables, we will present many challenges and characteristics of the rectenna design such as the compact size of the IMDs receiver, the distance of the WPT, Power conversion efficiency (PCE), power gain, and tissue safety in the body.



Fig.1. Block diagram of the typical multi-band rectenna IC system [27].

The implanted antenna operates as a receiver to collect ambient RF signals, as shown in Fig. 1. There are many different types of embedded antenna designs with diverse shapes and features, including micro-strip patch, planar dipole, Folded dipole, spiral, and circular polarized antennas. Also, there are four types of rectifier configurations: series/shunt, half-wave HWR, full-wave bridge FWBR, and voltage doubler VDR. The voltage multiplier is the best choice because it can have obtained double the amplitude of the

received signal. The rectenna's load resistance is adjusted to achieve high rectifying efficiency and output DC voltage. As mentioned above the main challenges in rectenna design for IMD are compact size and high efficiency. To improve that, there has been much research aimed at these. Firstly, Dalia H. Sadek et al. in 2021 [28] proposed a new configuration of the compact rectenna circuit for dedicated far-field RF wireless power-harvesting applications.

Diamond slot ground was used to design and fabricate a triple band L-Arms microstrip patch antenna as well as two rectifier circuits. The resonance frequency bands are 10, 13, 17, and 26GHz with 10-dB impedance bandwidth of 0.67, 0.8, 2.45, and 4.3GHz, respectively. In [29][30][31], arrays of antennas are employed to enhance the antenna's gain and hence its efficiency. Also, a buck-boost converter was presented by Yadav and Ray in 2021 to improve efficiency and output voltage [32]. Several techniques are used to improve the compact size and PCE such as the T-shape, U-shape slots, and circular shape slots that proposed by Chindhi in 2022 [33] and Xu in [34]. VDR rectifiers with the ground coplanar waveguide are used in [35] to improve PCE. Mishu and Song use CMOS bridge rectifiers to increase WPT in energy harvesting applications [36].

In this paper, we present a systematic review of rectenna based on the system design. optimization methodology, performance, and implementation of the WPT technology for IMD devices. The paper is organized as follows. The geometrical description of the implant antenna design is explained in section II, together with all relevant parameters. The presented antenna covers bands such as ISM, and Medical Implant Communication System (MICS). In section-II, deals with the wave interaction problems between the external transmitter and implant antenna. In section-III, a realistic rectifying circuit simulation will be studied. In section-IV, analysis and design of the miniaturized implant rectenna IC for IMD as well as a comparison of other studies. Finally, the conclusion is discussed in section V followed by references. The target of this paper is to describe a complete embedded rectenna's working scenario.

2. ANALYSIS AND DESIGN OF THE IMPLANTABLE ANTENNA

There are several challenges in the growth of IMDs devices, which have been studied in deepness in current years with RF energy harvesting. As a result, this review focuses on antenna design and definition while the human body is present, as well as introducing novel designs that handle several of the existing challenges, such as integration, efficiency, miniaturization, and frequency detuning. Also, in order to improve the performance of the implant antenna inside human tissue, it should be taken into consideration the interaction between embedded antennas and biological tissues which represent permittivity (ε) and electrical electrical conductivity (σ) [37]. The requirements and challenges related to the design of implantable micro-strip or dipole antennas in the presence of a human body are as follows.

2.1. Frequency of Operation

There are many techniques of the WPT systems used in IMDs devices. First of them, inductive coupling is operated at a frequency of 15MHz, and then RF bands such as MICS, and ISM bands. [38]. In order to achieve small antenna sizes, can be used at high frequency with maintained to low power loss. The implant antennas field regions are the most essential factor that is changed by the operating frequency. The most important challenge of the implant antenna design is the efficiency is reduced when an antenna is implanted in bio-tissues that operate with several frequency bands and transition regions. Table 1 shows the regions of reactive, radiation near-field, transition zone, and far-field of the antenna which worked in medical bands such as 403 MHz. 866 MHz, and 2.45 GHz [39]. Finally, we conclude that the operating frequency of the antenna is inversely proportional with area size and distance between the transmitter antenna (Tx) and the implant receive antenna (Rx).

 Table 1. Field regions for implant antenna based on the ISM medical bands [39]

	ISIVI Inculca	i Danus [5,	/]	
Radiative Regions	Distance between Tx and Rx in [mm]	403 [MHz]	866 [MHz]	2.45 [GHz]
Reactive near-field	0.159λ	17.3	8.5	3.2
Radiative near-field	λ	108.9	52.7	19.9
Transition zone	2λ	217.8	107.4	39.7

2.2. Patient Safety and Phantom Tissues

The specific absorption rate (SAR) is the rate of energy deposited per unit mass of tissues. Two standard restrictions of SAR averaged are 1g and 10g tissue in the shape of a cube for the IEEE C95.1-1999 USA and IEEE C95.1-2005 Europe

Another important factor for antenna performance is implant placement. The amount of lossy tissue that must be penetrated by the EM radiation depends on the implant depth [41]. As demonstrated in table 2, the dielectric characteristics of living tissues (skin, fat, and muscle) alter with frequency.

standard respectively. Thus, the patient safety of

the human tissues is 1.6W/kg and 2W/kg [40].

 Table 2. Dielectric characteristics of human tissue at various frequencies [42]

		ε_r		σ [S/m]			
Freq.							
bands	403	868	2450	403	868	2450	
[MHz]							
Skin	46.72	41.58	38.01	0.689	0.856	1.464	
Fat	5.58	5.47	5.28	0.041	0.05	0.105	
Muscle	57.10	55.11	52.73	0.797	0.932	1.739	
Bone	13.14	12.49	11.38	0.092	0.14	0.394	

In this paper, a literature review of the several challenges of the wireless implant rectenna design for biomedical applications is shown in tables later. Biocompatibility is the most important challenge which represents the antenna system environment contacting multiple layers of the human body depicted in Fig. 2 [43]. As it is shown in Fig. 2, the compact antenna may be implanted inside layers of the human tissues such as skin, muscle, fat, and bone. Therefore, the interaction between the implant antenna and biotissues should be taken into consideration.



Fig. 2. Body sample: muscle, skin, and fat [43]

2.3. Antenna Characterization

In the design process and fabrication of the implantable antennas in the human body, one of the main challenges is experimental validation before it is integrated with the entire rectifier device. The far-field characterizations are reflection coefficient, gain, efficiency, and radiation pattern. The main disturbance which alters antenna performance significantly is the feeding by unbalanced coaxial cable. To prevent cable-related disruptions, a variety of techniques have been devised, including baluns, chokes, discrete ports, and ferrites [44].

2.4. Radiation Pattern and Efficiency

The radiation pattern and efficiency of the antennas are highly influenced by the framing environment, especially those in the near-field region. The radiation efficiency can be defined by the ratio of the radiated power from the antenna to the delivered value. When the directionality of the radiation pattern tends to out from the body direction, the SAR value of biological tissue and radiation efficiency for the in-body antenna is reduced. A lossless substrate has been utilized instead of a lossy medium to improve the efficiency of in-body antennas [45].

2.5. Miniaturization

Recent progress in electronic IMD technology has resulted in implantable medical device designs that are extremely small [46]. As a result, when designing the implantable antenna, miniaturization becomes one of the most significant challenges. Miniaturization is the process of reducing the size of an antenna while maintaining a suitable level of gain and PCE [47].

There are many strategies of the miniaturization techniques presented in the literature review for the implant antennas design are shown in tables 3 and 4. The most common structures for IMD antennas are micro-strip radiators, such as Planar-Inverted-F-Antenna (PIFA) due to small volumes [48], multilayer PIFA structures [49], monopoles, dipoles, and loop antennas. Several structures of the implantable antennas design can be used to get miniaturization process such as serpentines [50], and spiral structure [51] developed by Le Trong in 2021 [52] by using an open-ended slot at the ground for human head-implantable wireless communications utilizing a triple band antenna.

The meander structure is reported in [53] and developed by Nikta in 2021 [54], fractal geometries [55], Flower-shape radiating patch [56], Circular Maze shaped [57], and several geometries shaped radiator are suggested in [58] [59] [60] for energy harvesting applications. The materials with a high ε of substrate, loading, and resonance frequency are techniques used in implant antennas to achieve miniaturization.

2.6. Biocompatible

The biocompatibility of the compact implant antenna in the human body without interaction with tissues is the most critical requirement. It's used to keep patients safe and keep implants from rejecting. There are two methods for accomplishing this: separating the metallic radiator from human tissue by selecting the best substrate/superstrate materials, and biocompatible encapsulation by insertion of a thin layer. The biocompatible techniques are presented in the literature review as shown in table 5. The Teflon, ceramic alumina, zirconia, and silastic MDX-4210 are materials that have been reported in [61]. It's worth noting, however, that ceramic substrates are difficult to drill, and zirconia is a better candidate material for biocompatible insulation due to its electrical characteristics [62].

The thickness of the substrate and patch layer, which provides a biocompatible insulation layer [63]. In the literature, completely different miniaturized and biocompatible techniques have been used to reduce the size of the antenna and to ensure patient safety as shown in tables below.

Yeap, Kimho, et al. in 2019 [64], proposed a dual band CPWs fed implant monopole patch-antenna fabricated on a RO3210 substrate as shown in Fig. 3 and operated at MICS and ISM band. The antennas were implanted in the mincedpork model and the human skin tissue phantom. The measurement results show that the bandwidth of 120MHz and 40MHz for dual bands respectively is shown in Fig. 4. The size of the antenna is [22×16×1.27] mm³ and SAR values of 0.352 and 0.054µW/kg for 1g, and 10g standard respectively. The measured return loss is -17dB and -15dB for the medical bands 402MHz and 2.45GHz respectively. The work in [64] is developed by Usluer in 2020 [65]. They proposed a new structure called complementary split-ring (CSR) is shown in Fig. 5. The proposed antenna is used for biotelemetry applications. The total size of the compact design was reduced to half the size obtained in [64] by using a CSR structure with a shorting-pin. Also, a hook-shaped slot- loaded ground plane is utilized for wideband operation. The proposed ICSRA was fabricated and measured in two different gels mimicking the real human skin tissue. The measured bandwidths obtained are (95 and 297) MHz for MICS 460MHz and ISM 2.34GHz respectively as shown in Fig. 6.



Fig. 3. Proposed implantable-antenna [64]: (A) Schematic diagram with L=16, L₁=14, L₂=8, L₃=W₅=5mm, L₄=W₆=4mm, W=22mm, W₁=15mm, W₂=W₃=W₇=3mm, W₄=2mm. (B) Photograph of the fabricated suggest antenna.



Fig. 4. Simulation and measurement return loss of the antenna. simulation (solid line), measurements (dashed line), and minced pork (dotted) [64].



Fig. 5. Geometry of the suggested antenna and its design specifications [65].

Fig. 6. The reflection coefficient of the proposed antenna in [65].

In 2021, Wang, et al. [66] proposed a miniaturized implantable antenna with bandwidth improvement for cardiac pacemaker applications. Split resonant rings are presented to achieve ultra-wideband characteristics which can cover from 272MHz to 1504MHz. The proposed implantable

antenna shown in Fig. 7 was fabricated on the substrate of RO6010. The Miniaturization technique was applied to design a compact antenna with a size $[12 \times 12 \times 0.635]$ mm³. From simulation results, the peak gain is -32dBi and -34dBi, for 403MHz and 920MHz respectively.

Seydi and Bayati proposed a new structure of the implant antenna design called rectangular meandering-micro-strip patch antenna (RM-MPA) in 2021 [67] as shown in Fig. 8. The proposed antenna operates at 2.45GHz using shorting pin technique. The Rogers 3210 has been used for substrate and superstrate with thickness of 1.27mm. The proposed antenna is simulated in free space and skin phantom with 90% of efficiency and 25MHz of bandwidth. Finally, the antenna is tested in minced meat and tissue liquid with 0.4 W/kg of SAR value.

Fig. 7. Proposed implantable antenna in 2020 [66]: (a) Top view and (b) bottom view. Dimensions in mm. l=12, a=11.5, b=10, g=0.5, w=0.5, and s=0.25.



Fig. 8. Rectangular meandering- microstrip patch antenna proposed in 2021 [67].

In 2021 [68], the same authors in ref. [69], proposed a new structure of the implant antenna design for medical applications that operate at single band (402-405) MHz. The overall dimensions are $[\pi \times (5)^2 \times 0.762]$ mm³. The antenna was simulated in muscle tissue phantom by using CST software. From the simulation results obtained the reflection coefficient, peak gain, and bandwidth are -15dB, -35.3dBi, and 40.5MHz respectively.

Several structures of the implant antenna design were published as shown in tables 3, 4, and 5.

Pof	Proposed Antenna	Resonant	Mi	Miniaturization Tech.			
Year	Structures	frequency	Short	Stack	Dielectric		
		[GHz]	Pin	Patch	Materials		
[48] 2021	Implantable circular- shaped meandered PIFA structure.	ISM 2.43	Yes		Rogers 3210, and FR-4. Thickness=0.7		
[49] 2021	Multilayer PIFA meander miniaturized implantable for CGM.	MICS 0.402-0.405	Yes	Yes	Rogers Duroid 610LM, and FR-4.		
[50] 2018	Miniaturized DGS serpentine patch.	ISM 2.4-2.48		Yes	Rogers RT/ Duroid5880		
[51] 2020	Microstrip patch with spiral split rings.	0.915 ISM 0.433			Polyethylene with thickness of $\varepsilon_{r}=2.26$.		
[52]	Triple-band implant antenna with spiral connected. to a	MICS 0.402 WMTS 1.4	Yes	Yes	Taconic RF- 10, with		
2021	circular ground with an open-ended slot.	ISM 2.45			thickness (h) of $\varepsilon_r = 10$.		
[53] 2018	Compact Meander Line Telemetry.	MICS 0.401-0.406	Yes	Yes	FR-4 with h of $\epsilon_r = 4.7$		
[54] 2021	Meandered triple- band PIFA structure	MICS 0.402 MICS 0.902 ISM 2.4	Yes	Yes	Rogers 3210 with ε_r =10.2, and h=0.635.		
[55] 2020	Dual-band fractal implantable antenna	MICS 0.402 ISM 2.45	Yes	Yes	Rogers 3210, with h=0.635		
[56] 2018	Flower-shape dual radiating patch.	MICS 0.928 ISM 2.45	Yes	Yes	Rogers ULTRALAM		
[57] 2021	Miniaturized circular maze shaped implantable antenna.	ISM 2.42–2.48	Yes	Yes	Polyamide, with ε_r =4.3, and h=0.05		
[58] 2019	Novel meander integrated E-shaped.	ISM 2.2-2.5		Yes	FR4 epoxy, with h=1.6mm		
[59] 2020	Compact microstrip patch with hexagonal shaped and notch in the ground plane.	ISM 2.45		Yes	FR4 epoxy, with h=1.6mm and ϵ_r =4.3		
[60] 2020	A pentagon-shaped microstrip patch with slotted ground plane.	ISM 2.45		Yes	$\begin{array}{ll} FR-4, & with \\ h=1.6mm & and \\ \epsilon_r=4.4 \end{array}$		
[62] 2021	Rectangular micro- strip antenna patch loaded with F shaped.	ISM 2.4–2.48			Teflon substrate, $\epsilon_r=2.1$		
[64]	Dual-band CPW-fed implantable	MICS 0.403			Rogers 3210, with $h=1.27$		
2019	monopole patch	ISM 2.45			witti ii—1.27		
[65] 2020	Dual-band implant complementary split-	MICS 0.403	Yes	Yes	Rogers 3010 , with h=1.27		
	ring (CSK). Miniaturized				Rogers 6010		
[66] 2020	implantable with split resonant rings	ISM 0.920		Yes	with ε_r =10.2 and h=0.635		

Table 3. Implantable antennas performance comparison of literature review with respect miniaturization techniques.

[67]	RM-MP Rectangular	ISM	Vas	Vas	Rogers 3210,
2022	Meandering patch	2.45	105	105	with h=0.635.
[68]	Gosper fractal	MICS	Vaa	Vaa	Rogers 3010,
2021	multilayer PIFA	0.402-0.405	res	res	with h=0.762
[69]	Multilaver PIFA	MICS 0.403			RT/Duroid
2019	Archimedean spiral	ICM 0 425	Yes	Yes	6010LM, with
2017	Thenniedean spira	ISM 0.455			ε _r =10.2
[70]	Circular dual-band	MICS 0.400		Vas	Rogers 6010,
2020	implantable antenna	ISM 2.45		105	with h=1.27
[71]	Dual-band implant	ISM 2.45	V		FR-4, with
2020	PIFA antenna	ISM 5.2	res		h=1.52mm
[70]	Missesstein metale suith	ICM			Rogers 6010,
[/2]	Microstrip patch with	15M	Yes		with $\varepsilon_r = 10.2$
2018	a short pin	2.4			and h=0.635.
[72]	Circular shaped	2.45			FR-4, with
[/3]	fractal-patch with	2.10		Yes	h=1.6mm, and
2019	DGS	4.22			ε _r =4.4

Table 4. Implantable antennas performance comparison of literature review with respect antenna characteristics.

Ref. Year	Proposed Antenna Structures	Return loss [dB]	Gain On- body [dBi]	B.W [MHz]	Dimension [mm]	
[48] 2021	Implantable circular- shaped meandered PIFA structure.	-37	-9.4923	61.24	$\pi \times (7.5)^2 \times 1.58$	
[49] 2021	Multilayer PIFA meander miniaturized implantable for CGM.	-23	-21	20	$12\times7\times3.94$	
[50] 2018	Miniaturized DGS serpentine patch.	-44.3	0.991 dB	762	$44.5\times6\times0.78$	
[51]	Microstrip patch with	27	-38.8	(0.2	14 14 2	
2020	spiral split rings.	-27	-38.1	68.3	$14 \times 14 \times 3$	
	Compact triple-band	-18	-23	93		
[52] 2021	spiral connected. to a	-20	-20.5	202	$\pi \times (11.2)^2 \times 0.5$	
2021	circular ground with an open-ended slot.	-15	-19	444		
[53] 2018	Compact Meander Line Telemetry.	-21		133	$30.5\times21.02\times1$	
[54]	Meandered triple-	-35	-43.6	90		
2021	band PIFA structure	-6	-25.8		$11 \times 20.5 \times 1.8$	
2021	build I II II Structure	-15	-20.1	190		
[55]	Dual-band fractal	-30	-28.1	22.8	95×95×0635	
2020	implantable antenna	50	-31.3	13.1	7.5 × 7.5 × 0.055	
[56]	Flower-shape dual	-42	-28.44	184.1	$7 \times 7.2 \times 0.2$	
2018	radiating patch.		-25.65	219.7		
[57] 2021	Miniaturized circular maze shaped implantable antenna.	-36	-23	286	$7\times7\times0.1$	
[58] 2019	Novel meander integrated E-shaped.	-36	3.78	370	$60 \times 60 \times 4.6$	

[59] 2020	Compact microstrip patch with hexagonal shaped and notch in the ground plane.	-25	6.14	230	$100 \times 100 \times 1.6$
[60] 2020	A pentagon-shaped microstrip patch with slotted ground plane.	-35	8.02	240	$100 \times 100 \times 1.6$
[62] 2021	Rectangular micro- strip patch loaded with F shaped slot.	-30	12	300	$13 \times 16 \times 1.035$
[64]	Dual-band CPW-fed	-17	-18.5	120	
2019	implantable monopole patch	-15	-19.5	40	$22 \times 16 \times 1.27$
[65]	Dual-band implant	-19	-46	95	14 - 14 - 1 27
2020	(CSR).	-16	-19	297	$14 \times 14 \times 1.27$
[66]	Miniaturized	-25	-32	272	
2020	implantable with split	-32	-34	1504	$12\times12\times0.635$
2020	resonant rings		-35.1		
[67] 2022	RM-MP Rectangular Meandering patch	-6	-17	25	$9.4 \times 14 \times 1.27$
[68] 2021	Gosper fractal multilayer PIFA	-15	-35.3	40.5	$\pi\times(5)^2\times~0.762$
[69]	Multilayer PIFA	-42	-38	35	$\pi \times (5)^2 \times 0.762$
2019	Archimedean spiral	-25	-40.1	50	$\pi \times (3) \times 0.702$
[70]	Circular dual-band	-24	-33.1	153	$\pi \times (10)^2 \times 2.54$
2021	implantable antenna	-18	-14.55	422	$\pi \wedge (10) \times 2.54$
[71]	Dual-band implant	-20	3.77	136.3	$10 \times 9.5 \times 1.52$
2020	PIFA antenna	-22	2.53	73	10 ~ 7.5 ~ 1.52
[72] 2018	Microstrip patch with a short pin	-15.2	-20.8	350	$11\times11\times0.635$
[73]	Circular shaped	-37	-20.8	2570	
2019	fractal-patch with DGS		-35.1		$40 \times 40 \times 1.6$

 Table 5. Implantable antennas performance comparison of literature review with respect biocompatible techniques.

Ref.	Antenna Volume	SAR [V 1W of I/	V/kg] at P power	Implant	Aims and Applications
Year	[mm ³]	1g	10g	Tissue	
[48] 2021	279	142.5		Uterus	Compact implant antenna design and high bandwidth by DGS for the Investigation of Uterus Fibroids.
[49] 2021	330.9	Avg. value 1.1441		Blood Glucose	Communication between base station and implantable device And Glucose sensing
[50] 2018	178.3			Human's stomach	Communication between base station and implantable antenna for Ingestible Endoscopic Applications
[51] 2020	588	161.86 154.4		Human's Bone	Monitoring of implants in Tibia
[52] 2021	197.04	241 269 290		Human tissues / head	Novel compact, triple-band head implanted antenna for head implants and brain machine interface biotelemetry systems.

[53] 2018	641.11			Human tissues	Pacemaker application in Medical Implant Communication Services
		99.5	12.6	II.	Brain-implantable biotelemetry
[54]	405.9	207.8	35.8	tissues /	communication, far-field WPT, and
2021		272	33.4	head	switching control between sleep/wake-up mode.
[55] 2020	56.45	47.9	45.5	Muscle tissue	Bio-monitoring and biomedical telemetry between external and embedded patch antenna.
[56]	10.00	471	52.53	Head /	Wireless communication link between base station and
2018	10.08	313	40.44	Skin Phantom	implantable antenna for Gastro applications and skin implantations.
[57] 2021	4.9	362	38.9	Skin	Health safety regulations and allows acceptable wireless communication ranges.
[58] 2019	16560				WPT and Feed electronic components and battery free sensor networks.
[59] 2020	16000				WPT for medical devices and RF energy harvesting applications such as Wi-Fi.
[60] 2020	16000				WPT for medical devices and RF energy harvesting applications such as Wi-Fi.
[62] 2021	215.3			Muscle	Medical and wireless biotelemetry applications at ISM Band.
[64] 2019	447	0.352μ 0.054μ		Human skin	Medical Telemetry.
[65] 2020	249	338 482		Skin	Medical Telemetry.
[66] 2020	91.44	921 881.7		Human body	Cardiac pacemaker application
[67] 2021	167	0.4		Skin phantom	Biomedical applications
[68] 2021	59.8			Human muscle tissue	Biomedical implantable devices.
[69] 2019	≤60			Human muscle tissue	Biomedical implantable devices.
[70] 2021	797.96	241.5		Tissue liquid	Biomedical Applications.
[71] 2020	144.4			Human body	Smart Wireless Body Sensors Networks.
[72] 2018	76.35			Cubic skin	Biomedical applications.
[73] 2019	2560			Skin, Fat, Bone	Biomedical applications are required for patient's health monitoring.

3. DESCRIPTION OF THE RECTIFIER CIRCUITS DESIGN

The rectifying circuit helps in the conversion of RF signals received by antennas into an electrical DC current for IMD device battery charging. The rectifier circuit's diode is critical,

therefore choosing the correct diode is imperative [74]. The overall rectenna's performance is influenced by the rectifier's performance. In [75], a VDR configuration was used to investigate the harmonic rectifier circuit.

It's difficult to design a rectifier with higher rectification efficiency when the input power is low [76]. The RF to DC conversion efficiency is the main performance metric in the rectifier analysis [77]. Schottky diodes are used to construct rectifier circuits at RF ranges because they have a low-threshold-voltage (V_{th}) or low turn on-voltage, low-series resistance (R_s), lowjunction capacitance (Cio), and large breakdownvoltage (V_{br}) [78]. Different schottky-diode family for rectenna's applications has been investigated in the literature, as indicated in Table 6. The rectenna's output is limited to half of the breakdown voltage. As a result, a diode with a high Vbr has a higher output voltage [79]. The SMS-7630 and HSMS-28xx diode family is found to be suitable for low and high RF input power [80].

 Table 6. Schottky diode characteristic parameters

 [78].

Ref.	Diode Model	V _{th} [V]	R _s [Ω]	C _{jo} [pF]	V _{br} [V]	Ι _s [μΑ]
[81]	SMS 7630	0.09	20	0.14	2.0	5.0
[82]	HSMS 2852	0.15	25.0		3.8	3.0
[83]	HSMS 2860	0.25	6.0		7.0	0.05
[84]	HSMS 2850	0.15	25.0	0.18	3.8	3
[85]	HSMS 286B	0.69	6.0	0.18	7.0	0.05
[86] [87]	HSMS 2820	0.15	6.0	7.0	15.0	0.022

Much research has been published on the rectifier circuits design which is used in the rectenna systems for medical applications. DeLong proposed a 2.4GHz rectifying patch antenna system for implant medical applications in 2018 [88], which used a radiating near-field recharging approach. As a rectifying circuit integrated with an implanted antenna, the voltage quadruple circuit is used. Schottky diode is used for rectification as shown in Fig. 9(a). Fig. 9(b) shows a circuit that produced RF-DC rectification with PCE of 40% at input power of 0 dBm.

The work in Ref. [88] was developed by Daasari, et al. in 2021 [89] through increased PCE and output voltage. They proposed a VDR circuit to be applied for the transfer of delivered RFenergy by the antennas. SMS7630 series pair Schottky diode [81] has been selected. Fig. 10 depicts the proposed diode model's equivalent circuit. The rectifier circuit is designed by using ADS simulation with a dimension is $[18 \times 20 \times 1.6]$ mm³ and operates at (2.3-6) GHz. It is insensitive to a broad range of RF-input power levels between (-15dBm to 5dBm). At a 0dBm input-power, the max simulated and measured PCE of 67.8% and 65.1% respectively, with output voltages of 1.68V and 1.65V.



Fig. 9. Proposed RF-DC rectifier circuit design [88]: (a) Circuit diagram, (b) Power conversion efficiency PCE versus input power.

Fig. 10. Schematic View of the rectifying diode equivalent circuit (Top) and numerical results (bottom) [89].

There are several challenges for the design of the rectifying circuit since the inputpower is very low less than -20dBm. However, there are published studies that focus on embedded rectifiers [90].



Ding, et al. presented a new rectifying circuit topology for medical applications in 2020 [91]. This model is built with off-the-shelf components and tested at MICS bands. This work employs a single diode and VDR circuit constructed by using HSMS-2850 and Skyworks 7630 diodes, as illustrated in Fig. 11. (a). To achieve a small size design of implant rectenna, the surfaces of the implanted antenna and rectifier are fit, which means the same size during PCB production, as illustrated in Fig. 11. (b). According to the results in Fig. 12, when the source produces a total power of -20dBm, the rectifying efficiency is 31.15%, and the output voltage is 0.195V. Compared with the rectifier efficiency is 41.2% at -16dBm of input power and which is 10% better.



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Fig. 11. Rectenna system structure [91]: (a)



Rectifying circuit design using HSMS-2850 diode. (b) the Physical structure of the rectenna system. Fig. 12. The measured output voltages and Efficiencies at different source power [91].

In 2021 [92], Iqbal, et al. suggested a new implant WPT design called the implant rectifying antenna. The proposed rectenna uses dual bands of 915MHz and 1470MHz to generate sufficient dc energy for charging and driving deep-tissue IMDs. At a resonance frequency of 1470MHz, the authors proposed a compact rectifier circuit with size of [3.4×6.7] mm². As shown in Fig. 13 and table 7, the suggested circuit has a high conversion efficiency of 50% even at an input power of -14 dBm and a maximum efficiency of 76.1% at 2 dBm.

Fig. 13. Compact design of the implant rectifier circuit [92]: (a) schematic and fabricated prototype, and (b) equivalent circuit of the rectifier. $L_1=22nH$, $L_2=4nH$, $R=2k\Omega$, and C=12pF.

Ref.	Freq. [GHz]	Rectifier Topology	Pin [dBm]	PCE [%]	Vout [V]	Load [KΩ]
[88] 2018	2.4	Voltage Quadruple	0	40	1	1.8
[89] 2021	2.45	Voltage Doubler Rectifier	0	65.1	1.65	4.1
[90] 2019	0.403	CMOS process	2	15.5		
[91] 2020	0.403 0.915	VDR	-20	31.15	0.195	13
[92]	0.935	One diode	ſ	76 1	1 49	2
2021	0.147	topology	2	70.1	1.40	10.9
[93] 2019	2.4	Series, Shunt, VDR	-20	25		4.3
	2.45		-10	40		
[94] 2020	0.147	VDR	2	90	4	
[95] 2020	2.45	VD	25	80.2		0.4
[96] 2021	5.8	N-stage HTVM	32	67	19.8	1.5

Table 7. Performance comparison of different structures implant rectifier-design

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[97] 2019	5.8	Dickson charge pump	21-25	64	34.2	1
[98] 2020	0.17 2.4	Bridge diode	27	86 75	3	
[99] 2021	0.184	VDR	-4	79.46	1.5	5
	0.242			86.32		

4. MINIATURIZED IC RECTENNA CIRCUITS DESIGN

In the previous two sections, the design and performance analysis of different implantable antenna structures followed by fabrication and characterization has been discussed in tables 3, 4, and 5. Another substantial component of the rectenna's system is the rectifier. The rectifier assists in the conversion of RF signals received into electrical DC. Table 7 shows the rectifier configurations that have been reported thus today.

In this section, we discuss the advanced miniaturized rectenna IC for IMDs devices. This section describes how to design a rectenna to achieve the required characteristics such as high gain, compact size, and high PCE through suggest a new structure of the rectenna design such as folded dipole antenna with a half-wave low- power rectifier circuit [100]. The implant rectenna system consists of an embedded antenna and implant rectifying circuits as discussed in sections 2, and 3 respectively. In this article, different compact rectennas designs have been investigated as shown in table 8, and the most recently reported is presented based on miniaturization techniques used for size reduction of the rectenna. Bhatt, et al. presented a sickle-shaped fractal structure for compact rectenna that operate at dual bands [101]. At an optimum load resistor of 600Ω , the proposed rectenna has a measured efficiency of 63% and 54.8% at 2.4GHz and 5.8GHz, respectively.

Minh, et al. in 2021 [102], proposed a new meandered structure of the compact rectenna used for RF energy harvesting such as 3G and 4G technology as shown in Fig. 14. The rectenna is operated at 2.14GHz with a maximum PCE of 62% at optimum load resistor is $1.2k\Omega$. A circularly polarized meandered-loop antenna has been used to achieve a compact size of rectenna is [30 x 50 x 0.8] mm³ and measured bandwidth of 150MHz at 0dBm of input power.



Fig. 14. The proposed CP-meandered loop antenna structure and prototype [102]. Dimensions in mm. x_{sub} =45mm, L_1 =7mm, y_{sub} =30, L_2 =17.6mm, Y_{gnd} =7, x_{line} =1.1, xl_1 =0.3, and xl_2 =0.8

Assogba, et al. in 2021 [103], presented a new fractal geometry structure of the rectenna design for energy-harvesting is shown in Fig. 15. They suggest a rectangular patch antenna with a small size printed on the FR-4 substrate to convert RF-DC rectifying. The proposed rectenna has a frequency of 2.45GHz. This design was simulated using HFSS and ADS software. At 0dBm input power, the efficiency is 54%, the bandwidth is 150MHz with a return loss of 52dB, and a peak gain of 3.48dB.

Fig. 15. The proposed fractal geometry structure of the rectenna [103]: Ws=40, Ls=47.5, Lg=30.5,



Lx=5, Wp=32, Wx=1.75, Lp=42, Lr1=15, Wt=3, Lr2=25, Lf=7, Wr=3, a=10, d=4.

Many RF-bands have recently been made available for different uses, and the availability of ambient radio frequency power levels is increased as more radio transmitters are developed. As a result, rectenna-based applications of the wireless energy harvesting WEH technique are becoming more prominent. The performance of rectenna systems for the different bands used in WEH applications is presented in table 9. Such as singleband in [106], [107], [108], dual-band [109], [110], [111], multi-band [112], and broadband rectennas [113], [114].

Wireless body area networks and their applications in the field of telemedicine have received a lot of attention in recent years.

Implantable medical devices, in general, are widely utilized to transmit critical data. Its development opens up opportunities for patients, especially those with chronic diseases, to have a better quality of life. The issue of power supply also arises as a result of the implanted equipment' long-term use. Wireless power transfer (WPT) could reduce the need for many surgeries and health problems. As a result, WPT applications have been achieved using implantable rectennas. As shown in table 10, we will describe many configurations of the rectenna design that operate in medical bands such MICS and ISM.

Ref. Year	Rectenna Configuration	Freq. Band [GHz]	Size reduction technique	Size of rectenna [mm ³]	Rectifier circuit topology	Maximum efficiency [%]	Pin [dBm] / R _L [kΩ]
[28] 2021	Multiband triple L- Arms patch antenna with slot ground	10		19.7 ×7.4 ×0.81	VDR	43	6 / 0.65
[30]	Wideband circular	1.85				69	12 / 1
2021	microstip rectenna	2.45	Slotted			64	10 / 1
[34] 2022	C-shaped circularly polarized implant rectenna	2.4		$7.5\times7.5\\\times1.27$	VDR HSMS 2852	45	0 / 2
[89] 2021	Compact circularly polarized CP hexagonal-shaped	2.45	_	$2 \times 2 \times 0.04$	VDR SMS-7630	65.1	0 / 4.1
[58] 2019	Meander integrated E-shaped	2.15		$60 \times 60 imes 4.6$	VDR SMS7630	55	3 / 1.8
[101] 2019	Sickle-shaped antenna with IMN	2.4 5.8	Meandered	80 imes 48 imes 1.6	Half-wave HSMS-2860	67.62 59.62	25 / 0.6
[102] 2021	Circularly polarized meandered-loop	2.14	antenna	$\begin{array}{c} 30\times50\times\\ 0.8 \end{array}$	SMS-7630	62	0/1.2
[104] 2020	Fractal monopole antenna array	0.91- 2.55	Fractal	$\begin{array}{c} 165 \times 165 \\ \times \ 0.8 \end{array}$	Full-wave HSMS- 285C	68	-10 / 4.7
[103] 2021	Patch Rectangular	2.45		$\begin{array}{c} 40\times47.5\\\times1.6\end{array}$	Series diode HSMS-2850	54	0 / 1
[78] 2021	Compact octagonal broadband rectenna with DGS	1.975– 4.744	Defected Ground Structure	$40 \times 45 \times 1.6$	VDR HSMS- 270B	88.58	0 / 100
[105] 2021	Compact Coplanar waveguide with irregular slotted symmetrical M- shape microstrip	5.8	Coplanar waveguide feed	$25 \times 30 \times 1.6$	VDR		

 Table 8. Comparison of compact rectenna design with different techniques for size reduction.

Table 9. Performance of different band rectenna system for energy harvesting
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Ref. Year	Bands	Operating Frequency [GHz]	٤r	Rectifier Topology	Antenna Bandwidth [GHz]	Peak Gain [dBi]	PCE [%]	Pin [dBm]
[106] 2020	Single	5.8	2.2	HWR	5.77-5.84	14.2	82.4	11
[107] 2019	Band	5.8	2.1	VDR	5.5-6.7	8.56	73.4	-6
[108] 2019	Аррисацон	0.9	3.38	VDR	0.88 - 0.92	2.17	81	-7.6
[109]		2.4	4.4		2.39-2.52	5.5	45	10

2018		5.8		4-stage VDR HSMS2850	5.65-5.85	6.3		
[110]	[110] 2020Dual Band Application[111] 2021	3.5	2.2	Dual-band Rectifier SMS-7630	0.21	10.2	45	0
2020		5.8			0.4	8.92	29	
[111]		0.9	5.4	Dual-band Rectifier HSMS2850	0.15	0.62	12.93	-30
2021		1.8			0.2	2.36	8	
[112] I 2020 A	Multi-band Application	1.8	4.3	Modified hybrid ring SMS-7630	0.032	2.41	68	10
		2.1			0.096	2.26	26	
		2.45			0.098	1.58	42	
		2.6			0.138	2.69	64	
[113] 2019	Broad band application	1.5-2.7		VDR	1.7-2.6	2.9	50	5
[114] 2020		22.5-27.5	4.4	VDR	22.5-27.5	7.8	80	5

Table 10. Performance of different structures implantable rectenna for medical applications.

Ref.	Miniaturization	Freq. Bands	Dimensions	Rectifier	Medical	
Year	Techniques	[GHz]	in [mm]	Topology	Applications	
[34] 2022	CP implantable antenna with four C-shaped open slots	2.4–2.48	7.5 x 7.5 x 1.27	VDR Rectifier	Microwave WPT	
[88] 2018	Near-field radiating patch antennas	2.4	27.5 x 19.75 x 2.06	Voltage Quadrupler rectifier	Wirelessly power sensor devices from near-field radiation patch antennas	
[90] 2018	Wearable RF- powered rectenaa leadless pacing system	0.924	164 x 86 x 0.25	Voltage multiplier	The management of heart failure patients via the implantation of cardiac pacemakers.	
[91]	Miniaturized	0.403	$\pi x (5.4)^2 x$	VDR	Biomedical wireless	
2020	circular implant integrated rectenna	0.915	0.64	HSMS- 2850	applications such as (IMD).	
[115]	Arm-implantable rectenna by dual	Med-Radio 0.401 - 0.406	16 x 14 x	One-series diode and	Wireless power transfer at ISM band, and wireless data	
2019	band PIFA with slit/slot loading.	ISM 0.9028 - 0.928	1.27	Voltage doubler	telemetry at MedRadio	
[116] 2019	Wireless RF to DC implantable power rectifying system	ISM 0.9028 - 0.928	$\pi x (5.4)^2 x$ 0.64	VDR SMS 7630	Biomedical WPTs for implantable medical device (IMD).	
[117] 2019	Near-field Implant Rectenna system by using self- phasing.	0.915	50 × 40 × 1.6	Implantable single diode HSMS2852	Near-field biomedical applications	
[118] 2021	Bipolar spiral Tx structure, and hooked-shaped.	1.87	12.5 x 12 x 0.5		Cardiac Implants Application	

5. CONCLUSION

After reviewing around 120 published articles on rectenna systems, Rectenna is a versatile microwave circuit with various applications, including WPT, WSN, implantable medical devices IMDs, and energy harvesting.

The design of the rectenna system for various applications has been highlighted in this review study. The operating frequency of the rectenna system design must be chosen based on the availability of ambient energy in the surrounding environment. Many frequency bands are used in the RF energy harvesting applications such as Mobile, WLAN, and Medical bands.

Tables 3–10 show a variety of miniaturization techniques for implant rectenna design that has been described in this review. The planar folded antenna with fractal is the most common structure for IMDs. Therefore, by using this structure, we can obtain a compact rectenna design with a small size and the best properties such as conversion efficiency, peak gain, radiation pattern, SAR value, and optimum load at a certain input power.

The rectifying circuits design is the most important part of the rectenna system design for energy harvesting due to enhance DC output voltage and PCE. For all researchers, designing a rectifier with a higher conversion efficiency is a difficult task due to its mismatches with the antenna. The topology of the chosen diode has a significant impact on the rectifier circuit's performance. The optimal PCE and output voltage are provided by the VDR configuration.

In my opinion, this review paper will be helpful to researchers in choosing a suitable configuration to meet the specific requirements for their desired applications. Specifically, I chose the current references which operated at the miniaturization implantable IC Rectenna for implantable medical devices IMDs are mentioned in the tables from 3 to 10.

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مقالة مراجعة للدوائر المتكاملة المتقدمة نوع Rectenna المصغر لتطبيقات حصاد الطاقة

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الملخص

تقدم هذه المقالة مراجعة لأنواع مختلفة من تصميم الدوائر المتكاملة للـ Rectenna التي تستخدم بشكل كبير جداً في تطبيقات حصاد الطاقة مثل التطبيقات الطبية. يتكون هذا تصميم من مكونين أساسيين: هوائي مدمج يقوم بجمع طاقة التر ددات اللاسلكية من البيئة المحيطة، ودائرة المعدل او المقوم والتي تحول قيم طاقة التر ددات الراديوية إلى جهد تيار مستمر من اجل الاستفادة منها واستخدامها في الأجهزة الإلكترونية منخفضة الطاقة ومنها الأجهزة الطبية القابلة للزرع أجهزة (IMDs). تُستخدم ثنائيات الميكروويف نوع الشوتكي مثل x282-SMS-763X كمقوم مضاعف للجهد مع هوائي مزروع لتحسين كفاءة التحويل والجهد الناتج عند طاقة إدخال معينة وحمل مناسب. هناك العديد من التحديث في مضاعف الجهد مع هوائي مزروع لتحسين كفاءة التحويل والجهد الناتج عند طاقة إدخال معينة وحمل مناسب. من التحديث في تصميم الـ معنية العليمة القابلة للزرع أجهزة (MDs). من التحديث في معام مضاعف الجهد مع هوائي مزروع لتحسين كفاءة التحويل والجهد الناتج عند طاقة إدخال معينة وحمل مناسب. من التحديث في تصميم الـ Rectenna القابلة للزرع داخل جسم الانسان مثل التوافق الحيوي مع السوتكي مثل x802-من التحديث والحميم الـ Rectenna القابل للزرع داخل جسم الانسان مثل التوافق الحيوي مع السبة الجسم، والتصغير، وسلامة المريض، والحجم الصغير، وتردد الرنين، و عرض النطاق الترددي، وكفاءة الإشعاع. تلخص مقالة المراجعة هذه البحث الشامل الذي تم إجراؤه المريض، والحجم الصغير، وتردد الرنين، و عرض النطاق الترددي وكفاءة الإشعاع. تلخص مقالة المراجعة هذه البحث الشامل الذي تم إجراؤه لاستر التيجيات الجديدة في تصميم هياكل مختلفة من دوائر Rectenna المز و عة في التطبيقات الطبية والتي تعمل في الطاقات الصناعية والطبية روميم المريضا.

الكلمات الداله:

الدوائر المتكاملة للــ REctenna، دايود شوتكي، حصاد الطاقة، الهوائيات المزروعة.